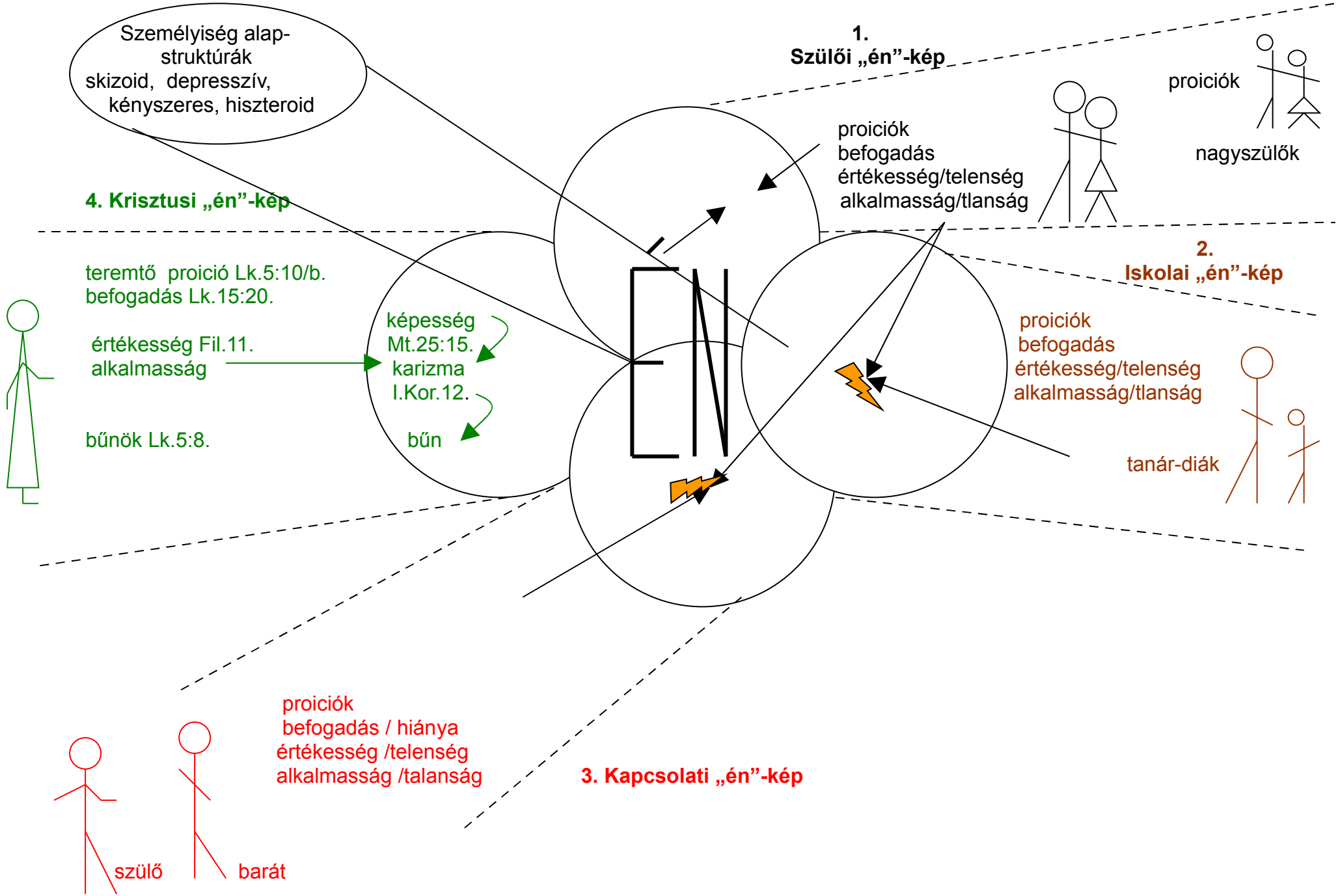Az „ÉN” vázlatos anatómiai atlasza